



The FM Letter

By Family Medicine Residents, for Residents-to-be



Happy First Birthday JOSHUA MAX SIMON Primary Care Center

The St. Vincent JOSHUA MAX SIMON Primary Care Center opened October 6, 2007. This outpatient facility serves the primary care needs of the indigent, uninsured and underinsured populations throughout Central Indiana, as well as patients representing every socioeconomic population in our neighboring suburbs. The center is part of the Indianapolis health care safety net, which works directly with community agencies to best serve the needs of individuals and families in Central Indiana.

A generous gift of \$2.4 million from Melvin and Bren Simon in memory of their late son Joshua Max was paired with funds raised by St. Vincent employees and generous community donations to construct the new 60,000

square-foot facility.

The Simon Primary Care Center provides full-service care for the entire family through its Family Medicine, Internal Medicine, Women's Health and Pediatric clinics. Pharmacy, laboratory and radiology services plus subspecialty clinics, financial and legal counseling and full-time interpretation are also available for patients.

We are proud the St. Vincent JOSHUA MAX SIMON Primary

Care Center allows for state-of-the-art medical education and research for physicians in training. This facility provides welcoming yet state of the art clinical areas as well as classrooms and conference rooms which are fitted with cutting-edge presentation technology. Annually, the JMS PCC provides an amazing learning environment for over 150 resident physicians and scores of medical students.



Top 10 reasons residents ♥ new Primary Care Center...

1. Each FM resident gets their very own desk.
2. Radiology, lab, and pharmacy services are ALL within the building.
3. Our very own 24 hour workout room within the building, including treadmills, elliptical, weight machines, showers, lockers, etc.
4. Lots of windows!
5. Multiple procedure rooms.
6. Faculty offices centrally located and always easily accessible to the residents.
7. BIG exam rooms!
8. Reflection room.
9. LARGE waiting room for patients.
10. LARGE resident workspace separate from patient area.

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Coming in the Next Issue

- Family Medicine Residency Areas of Concentration (Maternal Child Health, Sports Medicine and Hospitalist)
- New Faculty Spotlight: Jeffrey D. Fields, M.D.—Family Medicine/Sports Medicine
- Chief Resident Spotlight: Jamie R. Ulbrich-McLain, M.D.

New Faculty Spotlight: Karin Patterson, D.O.



Dr. Colleen Brown (PGYIII) recently interviewed one of our new faculty – Dr. Karin Patterson. Here are some notes from their discussion:

Tell us a little about your background~ where did you go to medical school and residency? How about your family?

I am originally from Chicago and I graduated from Midwestern University (Chicago College of Osteopathic Medicine) in Downer's Grove, Illinois. I completed my Family Medicine residency at MacNeal Hospital in Berwyn, IL in 2006 and have worked as a faculty member since that time. We moved to the Indianapolis area this year for my husband's surgical fellowship and are really enjoying it here. We have two small children, Edie who is 3 years old and George who just had his first birthday.

What attracted you to St Vincent?

I wanted to continue working in residency education and began researching programs in the Indianapolis area. St.

Vincent's Family Medicine Residency program has a strong reputation for providing high quality patient care along with its strong emphasis on education. After meeting the other faculty members and residents, I felt an immediate connection here and was thrilled to have the opportunity to join this team.

You have already shown a lot of enthusiasm and involvement, not just with the Maternal-Child Health area of concentration, but even with the resident recruiting. What do you consider the greatest strength of the St. Vincent FM Residency?

I think the residents here have a lot of wonderful choices and ability to tailor their education to maximize their training here - in a personalized manner. The faculty members are extremely committed to making the program better each day and it is such a diverse group in terms of what each member contributes to residency education. I think the people are the greatest strength of this program.

Any real "surprises" since you started here? I am not exactly surprised by this, but it has been really enjoyable working with such a strong and diverse group of residents here. I love this job because I learn so much from working with such a dynamic group.

What's your favorite spot in Indy (restaurant/park/museum?) How does that compare to your favorite place in Chicago?

Having two small children really changes your focus on activities. We are enjoying the Children's Museum and the many parks and playgrounds in our neighborhood. They are very different from Millennium Park in Chicago, but overall - this area is much more family-friendly and we have all been enjoying that.

Save the Dates!

Saturday, October 25, 2008 9a-3p Central time

Illinois Academy of Family Physicians Forum—St. Vincent's program will have a pelvic exam simulator available during the demonstration session and answer questions during the residency fair.

Thursday, November 13 6-8 pm

Indiana Academy of Family Physicians
FM Interest Reception & Exhibits
Riverwalk Banquet Center

Saturday, January 17, 2009

Second Look Party
Maggiano's Little Italy 6-10 pm

Way to GO **Tracey Guildenbecher, M.D., PGYII** for your amazing finish in the Chicago marathon October 11!

Maria Fletcher, M.D. is honored by the IAFP

At this year's annual meeting of the Indiana Academy of Family Physicians, our very own Dr. Fletcher received the A. Alan Fischer Award. This award is presented yearly to recognize persons who have made outstanding contributions to education for family practice in the undergraduate, graduate and continuing education series. A part of her nomination was read during the ceremony: "It is not only her clinical acumen that makes her a great teacher, but it is also the manner in which she teaches and the way she cares for those she is teaching that makes her so good."



Dr. Fletcher receives the award from Windel Stracener, M.D.

Schaefer Dinner focuses on Interviewing Skills and Tips

St. Vincent Medical Education continues to honor the generous contributions made by the Schaefer family by hosting a dinner series to inspire third and fourth year Indiana University medical students three times each year. Each dinner focuses on a different aspect of getting into a residency program. The most recent dinner was held Tuesday October 14 at The Rathskeller's Ballroom and provided a venue for representatives from various St. Vincent residency programs to talk to students about the interview process. Over 140 students signed up to participate in the event – an over 80% increase from prior dinners.

Hot appetizers were served during the welcome reception allowing for casual conversation between students, faculty, residents and associates. The dining room set up was carefully designed to allow for small group style conversa-

tions. Dr. Curt Ward served as Master of Ceremonies. Just before dinner, he welcomed the students, introduced our faculty and residents, and paused for prayer and reflection to focus our energies on helping educate and inform our guests throughout the evening. The eclectic menu featured the restaurant's specialties and offered something for everyone.

Just after the cheesecake assortment was served, we began our 'round-robin' style of discussions on the three aspects of the interview process—"Before" (scheduling, requesting, canceling, budgeting), "During" (etiquette) and "After" (evaluating, follow-up, matching). Our faculty and residents took time to get to know the guests at their dining table before rotating to three other tables for discussion, allowing students to meet as many different doctors from our variety of residency/fellowship programs as possible.

At the close of the evening, students were invited to pick up information on residency programs, electives, and the ER extern program. A variety of gifts were also offered: St. Vincent sports jackets, water bottles, sports bags, t-shirts, pens, and pocket-size hand sanitizer spray. Many also took home a part of our autumn-themed centerpieces as a reminder of the event. Thanks to Drs. M. Fletcher, Harsha, Overley, Rinderknecht and Ward from Family Medicine for sharing your time and talent with the students.



We're delighted to have such positive feedback from students! Many commented on how much they value this opportunity and appreciate how it helps them feel more at ease about the process.

Chief Resident Spotlight: Seth Rinderknecht, M.D.

A Chat with one of the chief residents by Ginger Reed, M.D., PGYI - Seth's quick wit and great sense of humor make him a favorite among colleagues and patients alike!

Tell me a little about your background. Where did you grow up? Where did you attend undergrad? And where did you attend medical school?

I'm an Ohio boy born and raised. Grew up in Upper Sandusky (South of regular Sandusky). Went to college at Xavier University in Cincinnati and I have a special place in my heart for that city: Don't trash the Nati. I went to med school at University of Toledo College of Medicine.

What is your favorite childhood memory?

When I was in 7th grade Jared Platt and I jumped on the back of Marla Everhart's van. She drove down 8th street and I jumped off at 40mph. Mark McCailey was raking his leaves and scooped my unconscious body out of the busy street. That might explain some things.

Why did you choose family medicine as a specialty? What is your favorite aspect of family medicine?

I chose family medicine because I love diversity and I love people. My favorite



aspect is taking care of a whole family: Mom, Dad, kids and delivering the newborn.

Your wife, Laura, is a great person. How did you two meet?

We met at a residential camp where we went when we were kids and then worked as counselors there in college. And I agree, she's pretty sweet.

What do you like to do in your time away from work?

Go to concerts, listen to hip hop, barbe-

que, walk the dog....oh, and politics.

What would you like to be doing 10 years from now?

I would like to be working at a CHC doing full spectrum Family Medicine in urban underserved medicine. I hope to be involved in community programs and social justice efforts that are making legitimate differences in people's lives.

What is your favorite food? black coffee.

If you were a shoe, what shoe would you be and why?

I would definitely be a pair of colorful pumas because there ain't no half step-pin' and because I would be comfortable, stylish, and relaxed. And I would definitely match my belt.

